Coverage for: Individual, Individual + 1, Family | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage,

www.myLuminareHealth.com. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at <a href="https://www.healthcare.gov/sbc-glossary">https://www.healthcare.gov/sbc-glossary</a> or call 1-877-498-8937 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	Preferred <u>provider</u> : \$1,000 / individual or \$2,000 / family per calendar year Nonpreferred <u>provider</u> : 2,000 / individual or \$4,000 / family per calendar year	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Preventive care, office visits, and urgent care visits, and non-preferred preventive mammography screenings are covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other deductibles for specific services?	Yes. <b>\$100</b> individual for <u>prescription drug</u> <u>coverage</u> .	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Preferred provider:: \$3,500 individual / \$7,000 family per calendar year. Nonpreferred provider: \$7,000 individual / \$14,000 family per calendar year. Medical and prescription drug out-of-pocket limits are separate. \$1,350 individual / \$2,700 family per calendar year - prescription drug only	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <a href="https://www.myLuminareHealth.com">www.myLuminareHealth.com</a> or call 1-877-498-8937 for a list of <a href="preferred providers">preferred providers</a> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>non-preferred provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>preferred provider</u> might use a <u>non-preferred provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.

(DT - OMB control number: 1545-0047/Expiration Date: 12/31/2019)(DOL - OMB control number: 1210-0147/Expiration date: 5/31/2022) (HHS - OMB control number: 0938-1146/Expiration date: 10/31/2022)

		What You Will Pay		Limitations, Exceptions, & Other	
Common Medical Event	Services You May Need	Preferred Provider (You will pay the least) (You will pay the most)		Important Information	
	Primary care visit to treat an injury or illness	\$25 <u>copay</u> /office visit and 20% <u>coinsurance</u> for other office services; <u>deductible</u> does not apply	30% coinsurance	Some services require prior authorization.	
If you visit a health care provider's office or clinic	Specialist visit	\$40 <u>copay</u> /visit and 20% <u>coinsurance</u> for other office services; <u>deductible</u> does not apply	30% coinsurance	Some services require prior authorization.	
	Preventive care/screening/ immunization	No charge	No Charge	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.	
If you have a toot	<u>Diagnostic test</u> (x-ray, blood work)	20% coinsurance	30% coinsurance	Some services require prior authorization.	
If you have a test	Imaging (CT/PET scans, MRIs)	20% coinsurance	30% coinsurance	Prior authorization required.	
If you need drugs to treat your illness or condition  More information about prescription drug	Generic drugs	\$15 copay after \$100 prescription drug deductible / prescription retail & \$30 copay after \$100 prescription drug deductible / prescription mail order	Not Covered	Copay applies to a 30-day supply Retail and Specialty drugs or 31-90 day supply Mail-Order prescription.  Copay does not apply to preventive drugs required by the Affordable Care Act.  If you purchase a brand name drug when	
coverage is available at - www.optumrx.com or call 1 800-788-4863. This plan follows the OptumRx Select Formulary.	Preferred brand drugs	\$30 copay after \$100 prescription drug deductible / prescription retail & \$60 copay after \$100 prescription drug deductible / prescription mail order	Not Covered	a generic drug is available, you must pay difference in cost.  Some prescriptions require prior authorization.  Specialty drugs must be filled at Optum Specialty. For more information, visit <a href="http://specialty.optumrx.com/">http://specialty.optumrx.com/</a> or call	

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.myLuminareHealth.com</u>.

		What You Will Pay		Limitations Eventions 9 Other
Common Medical Event	Services You May Need	Preferred Provider (You will pay the least)	NonPreferred Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Non-preferred brand drugs	\$45 <u>copay</u> after \$100 prescription drug <u>deductible</u> / prescription retail & \$90 <u>copay</u> after \$100 prescription drug deductible / <u>prescription</u> mail order		Optum Specialty at 1-844-265-1761.
	Specialty drugs	Same as retail copay	Not Covered	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	30% coinsurance	Prior authorization required for certain surgeries.
surgery	Physician/surgeon fees	20% coinsurance	30% coinsurance	Prior authorization required for certain surgeries.
	Emergency room care	20% coinsurance	Preferred <u>provider</u> benefit applies.	Non-emergency use of the emergency room is not covered.
If you need immediate medical attention	Emergency medical transportation	20% coinsurance	Preferred <u>provider</u> benefit applies.	Must meet emergency criteria.
	<u>Urgent care</u>	\$40 <u>copay</u> /visit <u>deductible</u> does not apply	\$40 <u>copay</u> /visit <u>deductible</u> does not apply	Applies to <u>urgent care</u> facilities.
If you have a hospital	Facility fee (e.g., hospital room)	20% coinsurance	30% coinsurance	Prior authorization required.
stay	Physician/surgeon fees	20% coinsurance	30% coinsurance	Prior authorization required.
If you need mental health, behavioral health, or substance abuse services	Outpatient services	\$25 <u>copay</u> /office visit and 20% <u>coinsurance</u> for other office services; <u>deductible</u> does not apply	30% coinsurance	Some services require prior authorization.
45400 00111000	Inpatient services	20% coinsurance	30% coinsurance	Prior authorization required. Includes facility and physician fees.

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		What You Will Pay		Limitations, Exceptions, & Other	
Common Medical Event	Services You May Need	Preferred Provider (You will pay the least)	NonPreferred Provider (You will pay the most)	Important Information	
	Office visits	\$25 <u>copay</u> /office visit and 20% <u>coinsurance</u> for other office services; <u>deductible</u> does not apply	30% coinsurance	Cost sharing does not apply to certain preventive services.  Depending on the type of services, a copayment, coinsurance, or deductible	
If you are pregnant	Childbirth/delivery professional services	20% coinsurance	30% coinsurance	may apply. Maternity care may include tests and	
	Childbirth/delivery facility services	20% coinsurance	30% coinsurance	services described elsewhere in the SBC (i.e. ultrasound.) Special Delivery program available through Optum Health.	
	Home health care	20% coinsurance	30% coinsurance	Prior authorization required.	
	Rehabilitation services	20% coinsurance	Not Covered	Prior authorization required after 5 visits.	
If you need help recovering or have	Habilitation services	20% coinsurance	Not Covered	30 combined visits for physical, speech and occupational therapy in a calendar year.	
other special health needs	Skilled nursing care	20% coinsurance	Not Covered	Prior authorization required.	
lieeus	Durable medical equipment	20% coinsurance	30% coinsurance	Prior authorization required for certain equipment.	
	Hospice services	20% coinsurance	30% coinsurance	None.	
If your child needs dental or eye care	Children's eye exam	\$20 <u>copay</u> /office visit, <u>deductible</u> does not apply	Payment up to the allowed amount less the \$20 copay/office visit, deductible does not apply	One routine exam per calendar year.	
	Children's glasses	Not Covered	Not Covered	None.	
	Children's dental check-up	Not Covered	Not Covered	None.	

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.myLuminareHealth.com</u>.

#### **Excluded Services & Other Covered Services:**

### Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Cosmetic surgery (except with prior authorization for reconstruction)
- Dental care (adult/child)

- Hearing aids
- Long-term care
- Non-emergency care when traveling outside the U.S.
- Routine foot care (except for treatment of diabetes)
- Weight loss programs

### Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Bariatric surgery
- Chiropractic care

- Infertility medications
- Habilitation services

- Private-duty nursing
- Routine eye care (adult/child

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <a href="https://www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a>. Other coverage options may be available to you, too, including buying individual insurance coverage through the <a href="https://www.healthCare.gov">health Insurance</a> Marketplace. For more information about the <a href="https://www.healthCare.gov">Marketplace</a>. For more information about the <a href="https://www.healthCare.gov">Marketpl

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <u>www.dol.gov/ebsa/healthreform</u>.

### Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

### Does this plan meet the Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

#### **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-877-498-8937.

Traditional Chinese (中文): 如果需要中文的幫助, 請撥打這個號碼 1-877-498-8937.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-877-498-8937.

Pennsylvania Dutch (Deitsch): Fer Hilf griege in Deitsch, ruf 1-877-498-8937 uff.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-877-498-8937.

Samoan (Gagana Samoa): Mo se fesoasoani i le Gagana Samoa, vala'au mai i le numera telefoni 1-877-498-8937.

Carolinian (Kapasal Falawasch): ngere aukke ghut alillis reel kapasal Falawasch au fafaingi tilifon ye 1-877-498-8937.

Chamorro (Chamoru): Para un ma ayuda gi finu Chamoru, a'gang 1-877-498-8937.

## To see examples of how this plan might cover costs for a sample medical situation, see the next section.

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<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.myLuminareHealth.com</u>.

### **About these Coverage Examples:**



**This is not a cost estimator.** Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$1,000
■ Specialist copayment	\$40
■ Hospital (facility) coinsurance	20%
Other coinsurance	20%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700	
In this example, Peg would pay:		
Cost Sharing		
<u>Deductibles</u>	\$1,000	
Copayments	\$0	
Coinsurance	\$2,300	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$3,360	

# **Managing Joe's Type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$1,000
■ Specialist copayment	\$40
■ Hospital (facility) coinsurance	20%
■ Other <u>coinsurance</u>	20%

#### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

Total Example Cost	\$5,600	
In this example, Joe would pay:		
Cost Sharing		
<u>Deductibles</u>	\$1,100	
Copayments	\$800	
Coinsurance	\$10	
What isn't covered		
Limits or exclusions	\$20	
The total Joe would pay is	\$1,930	

## **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$1,000
■ Specialist copayment	\$40
■ Hospital (facility) coinsurance	20%
Other coinsurance	20%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800	
In this example, Mia would pay:		
Cost Sharing		
<u>Deductibles</u>	\$1.000	
Copayments	\$100	
Coinsurance	\$300	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$1,400	

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.