

# Personalized Pregnancy and Adoption Support *with Special Delivery*



**Enroll in the Special Delivery program today.  
Call 1-833-345-1240.**

As part of your health benefit plan, you have access to personalized, one-on-one support from a registered maternity nurse throughout your or your partner's pregnancy or adoption through the Special Delivery program at no additional cost to you.

**One-on-one  
support**

**No additional  
cost**

**Understand and  
address risk factors**

**Personalized  
outreach**

All Special Delivery nurses have extensive hands-on experience in maternity, neonatal, and infant care and can answer all your related questions, including those about:



Your health history



Safe diet and  
exercise routines



Childcare issues



Potential pregnancy  
risk factors and how  
to minimize them



Travel during  
pregnancy



Available community  
resources



Gestational diabetes



Post-partum  
concerns and support

And more

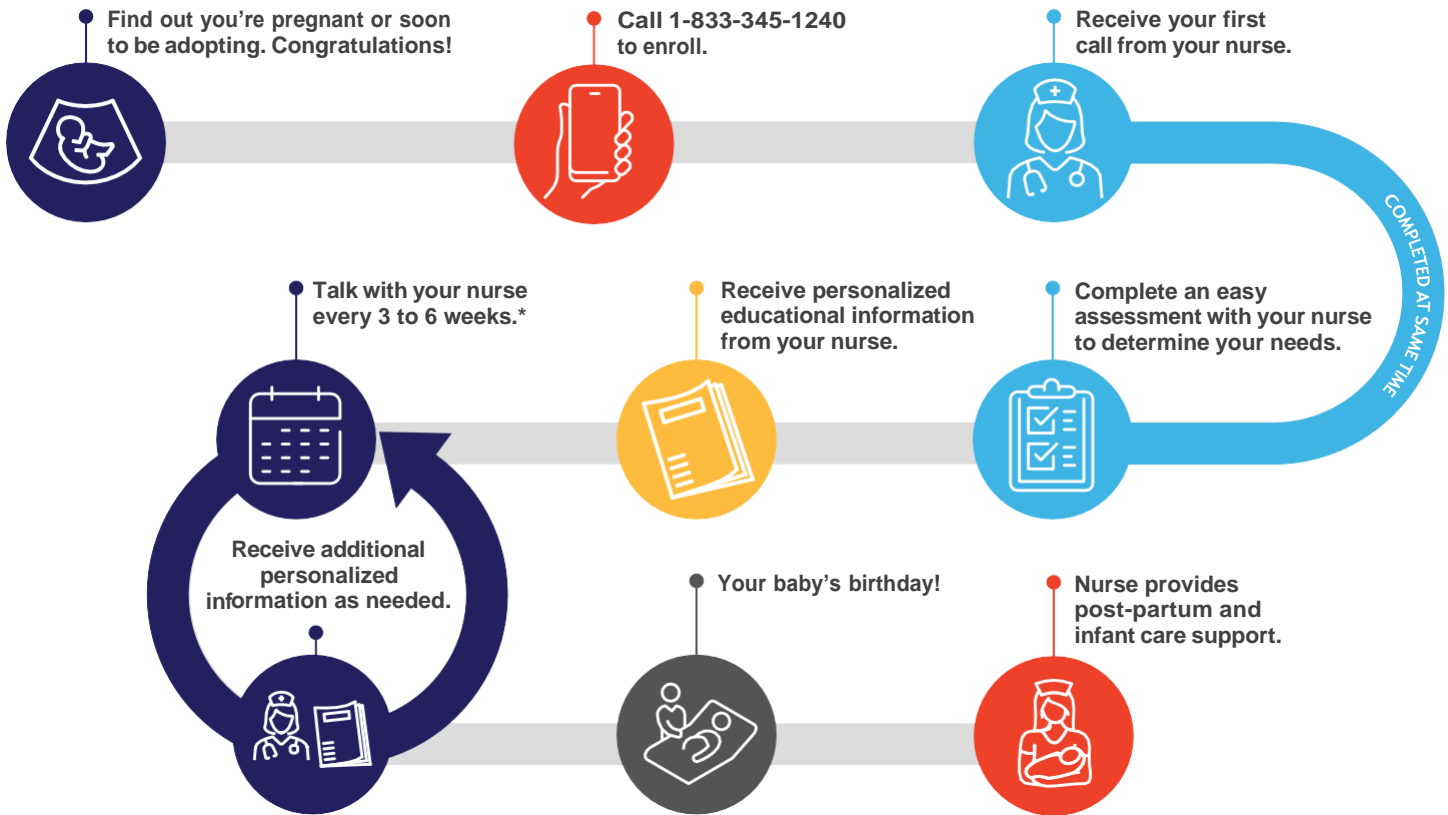
If necessary, your nurse will even contact your physician to help coordinate your care.

**BENNINGTON COLLEGE**

**Trustmark**  
benefits beyond benefits

# How the Program Works

## Trustmark's Special Delivery



\*Frequency of nurse outreach depends on your risk factors and preferences.

**Expect more.  
Benefit more.**

**Call 1-833-345-1240 to enroll in Special Delivery as soon as you learn you're expecting. We'll be here every step of the way to support you and your baby.**