

# 2020 Preventive medications and your plan

## Managing your health with preventive medications

Your pharmacy benefit plan includes special coverage for preventive medications. These medications help protect against or manage a medical condition, such as:

- Preventing blood clots and reducing the risk of a stroke
- Preventing heart disease and reducing high blood pressure
- Preventing osteoporosis  
(a disease that leads to an increased risk of bone fracture)

Your health is important. Taking preventive medications as told by your healthcare provider can help you avoid serious illness and high healthcare costs.

In this drug list, brand-name medications are shown in UPPERCASE (for example, LANOXIN) and generic medications in lowercase (for example, digoxin).

## **Special coverage for preventive medications**

The drugs on your plan's preventive medications list do not have a deductible. This means you'll pay your copayment/coinsurance or nothing at all, depending on your plan. It can save you money and get the medications you need to help you live a healthier life.

Please note that most medications on the formulary have a deductible, but preventive medications do not. To check the cost of any medication, see your benefit handbook or contact OptumRx at the member phone number on your ID card.

## **Potential savings with generic medications**

To get the most from your benefits, ask your doctor if a generic medication is right for you. Generics normally cost less than brand medications, and the Food and Drug Administration (FDA) requires them to be just as safe and effective.

## **Quality drives our decisions**

A group of doctors and pharmacists meets often to review medications and coverage under pharmacy benefit plans. They also suggest which medications should be on your plan's preventive medications list.

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A list of covered preventive medications begins on the next page. Medications are listed by therapeutic category. For questions on injectable preventive medications administered by your doctor or healthcare provider, please call the number on your ID card.

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## 2020 Preventive medication list

### Expanded listing by therapeutic category

#### ANTIDEPRESSANTS

CELEXA  
citalopram  
escitalopram  
fluoxetine  
fluoxetine dr  
fluvoxamine  
fluvoxamine er  
LEXAPRO  
paroxetine  
PAXIL  
PAXIL CR  
paroxetine ER  
PEXEVA  
PROZAC  
sertraline  
ZOLOFT

#### ANTIPSYCHOTICS

ABILIFY  
ABILIFY MAINTENA  
ABILIFY MYCITE  
ADASUVE  
aripiprazole  
aripiprazole odt  
ARISTADA  
ARISTADA INITIO  
CHLORPROMAZINE  
clozapine  
clozapine odt  
CLOZARIL  
compro  
EQUETRO  
FANAPT  
FAZACLO  
fluphenazine  
GEODON

haloperidol  
INVEGA  
INVEGA SUSTENNA  
INVEGA TRINZA  
LATUDA  
loxapine  
molindone  
NUPLAZID  
olanzapine  
olanzapine odt  
olanzapine/fluoxetine  
paliperidone er  
perphenazine  
PERSERIS  
prochlorperazine  
quetiapine fumarate  
quetiapine fumarate er  
REXULTI  
RISPERDAL  
RISPERDAL CONSTA  
RISPERDAL M-TAB  
risperidone  
risperidone m-tab  
risperidone odt  
SAPHRIS  
SEROQUEL  
SEROQUEL XR  
SYMBYAX  
thioridazine  
thiothixene  
trifluoperazine  
VERSACLOZ  
VRAYLAR  
ziprasidone  
ZYPREXA  
ZYPREXA RELPREVV  
ZYPREXA ZYDIS

#### ASTHMA AND COPD

ACCOLATE  
ADVAIR DISKUS  
ADVAIR HFA  
AIRDUO RESPICLICK  
albuterol sulfate  
albuterol sulfate er  
ALBUTEROL SULFATE HFA  
ALVESCO  
ANORO ELLIPTA  
ARCAPTA NEOHALER  
ARMONAIR RESPICLICK  
ARNUITY ELLIPTA  
ASMANEX HFA  
ASMANEX TWISTHALER  
ATROVENT HFA  
BEVESPI AEROSPHERE  
BREO ELLIPTA  
BROVANA  
budesonide  
COMBIVENT RESPIMAT  
cromolyn  
DALIRESP  
difil-g forte  
DULERA  
ELIXOPHYLLIN  
FLOVENT DISKUS  
FLOVENT HFA  
fluticasone/salmeterol diskus  
FLUTICASONE PROPIONATE/  
SALMETEROL  
INCRUSE ELLIPTA  
ipratropium  
ipratropium/albuterol  
isoproterenol aer  
levalbuterol  
LEVALBUTEROL HFA

<sup>SP</sup> Oral and self-injectable Specialty medications may have limitations based on your plan benefit.

\* Where differences are noted between this formulary and your benefit plan documents, the benefit plan documents will rule.

LONHALA MAGNAIR  
metaproterenol  
montelukast  
PEAK FLOW METERS †  
PERFOROMIST  
PROAIR HFA  
PROAIR RESPICLICK  
PROVENTIL HFA  
PULMICORT  
PULMICORT FLEXHALER  
QVAR  
QVAR REDIHALER  
SEEBRI NEOHALER  
SEREVENT DISKUS  
SINGULAIR  
SPIRIVA HANDIHALER  
SPIRIVA RESPIMAT  
STIOLTO RESPIMAT  
STRIVERDI RESPIMAT  
SYMBICORT  
terbutaline  
THEO-24  
theochron  
theophylline  
theophylline cr  
theophylline er  
TRELEGY ELLIPTA  
TUDORZA PRESSAIR  
UTIBRON NEOHALER  
VENTOLIN HFA  
wixela inhub  
XOPENEX  
XOPENEX CONCENTRATE  
XOPENEX HFA  
YUPELRI  
zafirlukast  
zileuton er  
ZYFLO  
ZYFLO CR

## CANCER

anastrozole  
ARIMIDEX  
AROMASIN  
exemestane  
FARESTON

FEMARA  
letrozole  
raloxifene  
SOLTAMOX  
tamoxifen  
toremifene

## Anti-Anginal Agents

DILATRATE SR  
GONITRO  
ISORDIL TITRADOSE  
isosorbide dinitrate  
isosorbide dinitrate er  
isosorbide mononitrate  
isosorbide mononitrate er  
minitran  
NITRO-BID  
NITRO-DUR  
nitroglycerin  
nitroglycerin er  
nitroglycerin lingual  
nitroglycerin transdermal  
NITROLINGUAL PUMPSPRAY  
NITROMIST  
nitro-time  
petn  
ranolazine er  
RANEXA

## Anticoagulants

AGGRENOX  
ARIXTRA <sup>SP</sup>  
aspirin/dipyridamole  
BEVYXXA  
BRILINTA  
cilostazol  
clopidogrel  
COUMADIN  
dipyridamole  
DURLAZA  
EFFIENT

ELIQUIS  
enoxaparin <sup>SP</sup>  
fondaparinux <sup>SP</sup>  
FRAGMIN <sup>SP</sup>  
heparin  
jantoven  
LOVENOX <sup>SP</sup>  
PLAVIX  
PLETAL  
PRADAXA  
prasugrel  
SAVAYSA  
warfarin  
XARELTO  
XARELTO STARTER PACK  
YOSPRALA  
ZONTIVITY

## Cardiac Glycosides

digitek  
digox  
digoxin  
LANOXIN

## High Blood Pressure

ACCUPRIL  
ACCURETIC  
acebutolol  
ADALAT CC  
afeditab cr  
aliskiren  
ALDACTAZIDE  
ALDACTONE  
ALTACE  
amiloride  
amiloride/hctz  
amlodipine  
amlodipine/benazepril  
amlodipine/olmesartan  
amlodipine/valsartan  
amlodipine/valsartan/hctz  
ATACAND  
ATACAND HCT  
atenolol  
atenolol/chlorthalidone

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AVALIDE  
AVAPRO  
AZOR  
benazepril  
benazepril /hctz  
BENICAR  
BENICAR HCT  
BETAPACE  
betaxolol  
bisoprolol  
bisoprolol/hctz  
BLOOD PRESSURE  
MONITORS †  
bumetanide  
BUMEX  
BYSTOLIC  
BYVALSON  
CALAN  
CALAN SR  
candesartan  
candesartan /hctz  
captopril  
captopril/hctz  
CARDIZEM  
CARDIZEM CD  
CARDIZEM LA  
CARDURA  
CAROSPIR  
cartia xt  
carvedilol  
CATAPRES  
CATAPRES-TTS  
chlorothiazide  
chlorthalidone  
clonidine  
CLORPRES  
COREG  
COREG CR  
CORGARD  
CORZIDE  
COZAAR  
DEMADEX  
DEMSEER  
DIBENZYLINE  
diltiazem

diltiazem er  
diltiazem cd  
dilt-xr  
DIOVAN  
DIOVAN HCT  
DIURIL  
doxazosin  
DUTOPROL  
DYAZIDE  
DYRENIUM  
EDARBI  
EDARBYCLOR  
EDECIN  
enalapril  
enalapril/hctz  
EPANED  
eplerenone  
eprosartan  
ethacrynic acid  
EXFORGE  
EXFORGE HCT  
ezide  
felodipine er  
FIRST - ATENOLOL †  
FIRST - METOPROLOL †  
fosinopril  
fosinopril /hctz  
furosemide  
guanfacine  
hydralazine  
hydrochlorothiazide  
HEMANGEOL  
HYZAAR  
indapamide  
INDERAL LA  
INDERAL XL  
INNOPRAN XL  
INSPRA  
irbesartan  
irbesartan/hctz  
isradipine  
KAPSPARGO SPRINKLE  
KATERZIA  
labetalol  
LASIX

lisinopril  
lisinopril/hctz  
LOPRESSOR  
LOPRESSOR HCT  
losartan potassium  
losartan potassium/hctz  
LOTENSIN  
LOTENSIN HCT  
LOTREL  
matzim la  
MAXZIDE  
MAXZIDE-25  
methylothiazide  
methyldopa  
methyldopa/hctz  
metolazone  
metoprolol  
metoprolol er  
METOPROLOL ER/HCTZ  
metoprolol/hctz  
MICARDIS  
MICARDIS HCT  
MICROZIDE  
MINIPRESS  
minoxidil tablet  
moexipril  
moexipril/hctz  
nadolol  
nadolol/bendroflumethiazide  
nicardipine  
nifedipine  
nifedipine er  
nimodipine  
nisoldipine  
nisoldipine er  
NORVASC  
NYMALIZE  
olmesartan  
olmesartan /hctz  
olmesartan/amlodipine/hctz  
perindopril  
phenoxybenzamine  
pindolol  
prazosin  
PRESTALIA

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PRINIVIL  
PROCARDIA  
PROCARDIA XL  
propranolol  
propranolol er  
propranolol/hctz  
QBRELIS  
quinapril  
quinapril/hctz  
ramipril  
sotalol  
SOTYLIZE  
spironolactone  
spironolactone/hctz  
SULAR  
TARKA  
taztia xt  
TEKURNA  
TEKURNA HCT  
telmisartan  
telmisartan/amlodipine  
telmisartan/hctz  
TENORETIC  
TENORMIN  
terazosin  
TIAZAC  
timolol tab  
TOPROL XL  
torsemide  
trandolapril  
trandolapril/verapamil er  
triamterene  
triamterene/hctz  
TRIBENZOR  
TWYNSTA  
valsartan  
valsartan/hctz  
VASERETIC  
VASOTEC  
VECAMYL  
verapamil  
verapamil er  
verapamil sr  
VERELAN  
VERELAN PM  
ZESTORETIC

ZESTRIL  
ZIAC

### High Cholesterol

ALTOPREV  
amlodipine/atorvastatin  
ANTARA  
atorvastatin  
CADUET  
cholestyramine  
cholestyramine light  
colesevelam  
COLESTID  
COLESTID FLAVORED  
colestipol  
CRESTOR  
EZALLOR SPRINKLE  
ezetimibe  
ezetimibe/simvastatin  
fenofibrate  
fenofibrate micronized  
fenofibric acid  
fenofibric acid dr  
FENOGLIDE  
FIBRICOR  
FLOLIPID  
fluvastatin  
fluvastatin er  
gemfibrozil  
JUXTAPID <sup>SP</sup>  
KYNAMRO <sup>SP</sup>  
LESCOL XL  
LIPITOR  
LIPOFEN  
LIVALO  
LOPID  
lovastatin  
LOVAZA  
niacin er  
niacor  
NIASPAN  
omega-3-acid ethyl esters  
PRALUENT  
PRAVACHOL  
pravastatin

prevalite  
QUESTRAN  
QUESTRAN LIGHT  
REPATHA  
REPATHA SURECLICK  
rosuvastatin  
simvastatin  
TRICOR  
TRIGLIDE  
triklo  
TRILIPIX  
VASCEPA  
VYTORIN  
WELCHOL  
ZETIA  
ZOCOR  
ZYPITAMAG

### CONTRACEPTIVES †

*This section lists contraceptive categories. Please note that brands and generics are eligible.*

CONTRACEPTIVE PATCH  
CONTRACEPTIVE RING  
(NUVARING)  
EMERGENCY CONTRACEPTIVES  
IMPLANT CONTRACEPTIVE  
INJECTABLE CONTRACEPTIVE  
IUDs  
ORAL CONTRACEPTIVES

### DIABETES

#### Insulin

ADMELOG  
ADMELOG SOLOSTAR  
AFREZZA  
APIDRA  
APIDRA SOLOSTAR  
BASAGLAR KWIKPEN  
FIASP  
FIASP FLEXTOUCH  
HUMALOG  
HUMALOG JUNIOR KWIKPEN  
HUMALOG KWIKPEN

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HUMALOG MIX 50/50  
HUMALOG MIX 50/50 KWIK-  
PEN  
HUMALOG MIX 75/25  
HUMALOG MIX 75/25 KWIK-  
PEN  
HUMULIN 70/30  
HUMULIN 70/30 KWIKPEN  
HUMULIN N  
HUMULIN N KWIKPEN  
HUMULIN R  
HUMULIN R U-500  
INSULIN LISPRO  
LANTUS  
LANTUS SOLOSTAR  
LEVEMIR  
LEVEMIR FLEXTOUCH  
NOVOLIN 70/30  
NOVOLIN 70/30 FLEXPEN  
NOVOLIN 70/30 RELION  
NOVOLIN N  
NOVOLIN N RELION  
NOVOLIN R  
NOVOLIN R RELION  
NOVOLOG  
NOVOLOG FLEXPEN  
NOVOLOG MIX 70/30  
NOVOLOG MIX 70/30 PRE-  
FILLED FLEXPEN  
NOVOLOG PENFILL  
TOUJEO MAX SOLOSTAR  
TOUJEO SOLOSTAR  
TRESIBA  
TRESIBA FLEXTOUCH

### Non-insulin

acarbose  
ACTOPLUS MET  
ACTOPLUS MET XR  
ACTOS  
ADLYXIN  
ALOGLIPTIN  
ALOGLIPTIN / METFORMIN  
ALOGLIPTIN / PIOGLITAZONE

AMARYL  
AVANDIA  
BYDUREON  
BYDUREON BCISE  
BYDUREON PEN  
BYETTA  
chlorpropamide  
CYCLOSET  
DUETACT  
FARXIGA  
FORTAMET  
glimepiride  
glipizide  
glipizide er  
glipizide xl  
glipizide/metformin  
GLUCOMETERS †  
GLUCOPHAGE  
GLUCOPHAGE XR  
GLUCOTROL  
GLUCOTROL XL  
GLUCOVANCE  
GLUMETZA  
glyburide  
glyburide micronized  
glyburide/metformin  
GLYNASE  
GLYSET  
GLYXAMBI  
INVOKAMET  
INVOKAMET XR  
INVOKANA  
JANUMET  
JANUMET XR  
JANUVIA  
JARDIANCE  
JENTADUETO  
JENTADUETO XR  
KAZANO  
KOMBIGLYZE XR  
metformin  
metformin er  
metformin er (mod)  
metformin er (osm)

METFORMIN SOL  
miglitol  
nateglinide  
NESINA  
ONGLYZA  
OSENI  
OZEMPIC  
pioglitazone  
pioglitazone /metformin  
pioglitazone-glimepiride  
PRANDIN  
PRECOSE  
QTERN  
repaglinide  
repaglinide/metformin  
RIOMET  
SEGLUROMET  
SOLIQUA 100/33  
STARLIX  
STEGLATRO  
STEGLUJAN  
SYMLINPEN 120  
SYMLINPEN 60  
SYNJARDY  
SYNJARDY XR  
TANZEUM  
tolazamide  
tolbutamide  
TRAJENTA  
TRULICITY  
VICTOZA  
XIGDUO XR  
XULTOPHY 100/3.6

### ESTROGENS

ACTIVELLA  
ALORA  
amabelz  
ANGELIQ  
BIEST/PROGESTERONE  
CLIMARA  
CLIMARA PRO  
COMBIPATCH  
covaryx  
covaryx HS

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DIVIGEL  
dotti  
DUAVEE  
eemt  
eemt HS  
ELESTRIN  
esterified estrogens/  
methltestosterone  
esterified estrogens/  
methltestosterone ds  
esterified estrogens/  
methltestosterone hs  
ESTRACE  
estradiol  
estradiol/norethindrone acetate  
ESTROGEL  
estropipate  
EVAMIST  
FEMHRT LOW DOSE  
fyavolv  
jevantique lo  
jinteli  
lopreeza  
MENEST  
MENOSTAR  
mimvey  
mimvey lo  
MINIVELLE  
norethindrone acetate/ethinyl  
estradiol  
PREFEST  
PREMARIN  
PREMPHASE  
PREMPRO  
VIVELLE-DOT

### GASTROINTESTINAL-ULCER DRUGS<sup>‡</sup>

ACIPHEX  
AXID  
CARAFATE  
cimetidine  
CYTOTEC  
DEXILANT  
esomeprazole magnesium  
ESOMEPRAZOLE STRONTIUM  
famotidine  
FIRST-LANSOPRAZOLE †  
FIRST-OMEPRAZOLE †

lansoprazole  
lansoprazole odt  
lansoprazole/amoxicillin/  
clarithromycin  
misoprostol  
NEXIUM  
nizatidine  
OMECLAMOX-PAK  
omeppi  
omeprazole  
omeprazole /sodium  
bicarbonate  
pantoprazole  
pantoprazole dr  
PEPCID  
PREVACID  
PREVACID SOLUTAB  
PREVPAC  
PRILOSEC  
PROTONIX  
PYLERA  
rabeprazole  
RABEPRAZOLE DR SPRINKLE  
ranitidine  
sucralfate  
ZANTAC  
ZEGERID

### HIV/AIDS

abacavir  
abacavir / lamivudine  
abacavir / lamivudine /  
zidovudine  
APTIVUS  
atazanavir  
ATRIPLA  
BIKTARVY  
CIMDUO  
COMBIVIR  
COMPLERA  
CRIXIVAN  
DELSTRIGO  
DESCOVY  
DOVATO  
didanosine  
EDURANT  
efavirenz  
EMTRIVA  
EPIVIR

EPZICOM  
EVOTAZ  
fosamprenavir  
FUZEON  
GENVOYA  
INTELENCE  
INVIRASE  
ISENTRESS  
ISENTRESS HD  
JULUCA  
KALETRA  
lamivudine  
lamivudine / zidovudine  
LEXIVA  
lopinavir / ritonavir  
nevirapine  
nevirapine er  
NORVIR  
ODEFSEY  
PIFELTRO  
PREZCOBIX  
PREZISTA  
RESCRIPTOR  
RETROVIR  
REYATAZ  
ritonavir  
SELZENTRY  
stavudine  
STRIBILD  
SUSTIVA  
SYMFI  
SYMFI LO  
SYMTUZA  
tenofovir  
TIVICAY  
TRIUMEQ  
TRIZIVIR  
TROGARZO  
TRUVADA  
TYBOST  
VIDEX PEDIATRIC  
VIDEX EC  
VIRACEPT  
VIRAMUNE  
VIRAMUNE XR  
VIREAD  
ZERIT  
ZIAGEN  
zidovudine

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## OSTEOPOROSIS

ACTONEL  
alendronate  
ATELVIA  
BINOSTO  
BONIVA  
calcitonin-salmon  
etidronate di  
EVISTA  
FORTEO <sup>SP</sup>  
FOSAMAX  
FOSAMAX + D  
ibandronate  
risedronate  
risedronate dr

## SMOKING DETERRENTS †

bupropion er  
CHANTIX  
NICODERM CQ  
NICORETTE  
nicotine gum / lozenge / patch  
NICOTROL INH / NS  
ZYBAN

## TRANSPLANT †

ASTAGRAF XL <sup>SP</sup>  
AZASAN  
azathioprine

CELLCEPT <sup>SP</sup>  
cyclosporine <sup>SP</sup>  
cyclosporine modified <sup>SP</sup>  
ENVARUSUS XR <sup>SP</sup>  
gengraf <sup>SP</sup>  
IMURAN  
mycophenolate <sup>SP</sup>  
mycophenolic DR <sup>SP</sup>  
MYFORTIC <sup>SP</sup>  
NEORAL <sup>SP</sup>  
PROGRAF <sup>SP</sup>  
RAPAMUNE <sup>SP</sup>  
SANDIMMUNE <sup>SP</sup>  
sirolimus <sup>SP</sup>  
tacrolimus cap <sup>SP</sup>  
ZORTRESS <sup>SP</sup>

## VITAMINS & ELECTROLYTES †

### Pediatric vitamins with fluoride

(for example; POLY-VI-FLOR,  
tri-vit / fl)  
generic products  
BRAND NAME PRODUCTS

### Prenatal multivitamins with iron and folic acid

(for example; OB COMPLETE,  
prenatabs RX)  
generic products  
BRAND NAME PRODUCTS

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This list is should be used as a reference and may not include all medications.  
Brand or generic availability may not be current because of market changes.  
Using generics may be required based on your plan benefit.



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