parking lot supplications

& you raise your hands from
where they brush your thighs, lifting so
the backs of your fingers hover
before your face, ghosts in your peripheral
vision, thumbs straining to touch & yet
blocked by the great expanse of your gaze

& you lower your hands, arms clasped
beneath your ribs, holding your nerves
in. & you recite under your breath,
trying to move your thoughts away from yourself
but they circle around your head—diving
carrion birds looking for easy prey, flesh & insecurity

& you raise your hands & lower them
to your knees, bending at the waist, offering
your heart to the earth. & you wonder if
it is harder to breathe because your lungs have
been tilted horizontal, or because of the scorn
that has shattered your frazzled concentration

& your hands push you upright, futilely
resisting gravity, only for your body to lower, knees
kissing the ground & dust rising up
to envelop your face in return. & you let the rocks bite
into your open, desperate palms while your head
bows, nose inhaling stone, forehead welcoming oblivion

& you stay there because there is comfort
in showing your frailty, eyes so close to the ground
that you are once more an innocent, finding
the magic in the mundane. & somehow, it is easier to
breathe all folded up. & when you push
into sitting on tucked ankles, you stare into the cosmos

& your finger extends to the endless sky, whispering all you have no words for. a silent plea.